Kentucky Organization of KONL Nurse Leaders

Our Mission
To develop, support, and advocate for nurse leaders as they enhance the delivery of health care.

A publication for the Kentucky Organization of Nurse Leaders Fall 2019 Edition

About KONL

Our vision is to be an engaged community of nursing leaders with one voice of advancing health in the Commonwealth.

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2018 - 2020 Key Priorities:

Foster the development of Nurse Leaders

Promote the value of nursing

Improve the value and engagement of membership

Provide leadership that enhances the Nursing profession

Promote a culture of safety and quality in health care

Upcoming Events

District Meetings
Twin Lakes 2020 dates: February 21, June 29, October 30,
Locations TBD

Greetings KONL Members,

Happy Fall! The kids are back in school, the trees are starting to change, the cooler air is moving in and our hospitals are ramping up for our busy time! I love the Fall and Winter seasons, but they certainly bring their own set of challenges for us in healthcare. While most folks wish for lots of snow, I wish for no snow and clear roads so my staff can get in to work. I'm sure most of you all feel the same way! So here's to an 'uneventful' winter season!

Congratulations to the following leaders who won in this past KONL election:

- President-Elect: Michelle Pendleton
- Secretary: Kelly Jenkins
- Ohio Valley District Director: Joann Mattingly
- Bluegrass District Director: Brandy Matthews

Get involved! Reach out to your District Director to see when your next district meeting is being held in your area.

Our District Directors are:

- Mendy Blair, Cumberland Director, mblair@bhsi.com
- Joann Mattingly, Ohio Valley Director, joann.mattingly@nortonhealthcare.org
- Cathy Sheffield, Twin Lakes Director, Cathy.Sheffield@owensborohealtlh.org
- Brandy Matthews, Bluegrass Director, brandy.matthews@uky.edu

One of our goals this year was to increase our membership and we did! We have added about 50 new members to our organization, which gets us close to the 300 member mark. Please continue to tell your colleagues about us and encourage them to join. Have them check out our website at www.kyonl.com and show them the cool Infographic included in this newsletter that illustrates what the KONL is about.

Hope everyone has a wonderful Holiday season!

Kristin Pickerell, DNP, RN, NE-BC, CPHQ
KONL President
Kristin.pickerell@nortonhealthcare.org

Kentucky Organization of Nurse Leaders

Strategic Plan 2019 - 2021

Mission

To develop, support, and advocate for nurse leaders as they enhance the delivery of healthcare

Vision

An engaged community of nursing leaders with one voice advancing health in the Commonwealth

Key Priorities

- *Foster the development of nurse leaders*
- *Promote the value of nursing*
- *Improve the value and engagement of membership*
- *Provide leadership that enhances the nursing profession*
- *Promote a culture of safety and quality in healthcare*

Key Relationships

- ***American Organization of Nurse Leaders (AONL)***
- ***Kentucky Hospital Association (KHA)***
- ***Kentucky Center for Nursing (KCN)***
- ***Kentucky Board of Nursing (KBN)***
- ***Kentucky Nurses Association (KNA)***

Characteristics and Behaviors

Innovator

Broker

Collaborator

Energized

Transformational

Futurist

Risk Taker

Life-Long Learner

Designer

Action Oriented

Partner

Proactive

Convener

Engaged

Our Values

Creativity	Diversity and Inclusion	Excellence
Integrity	Leadership	Stewardship

Core Business

- Education
- Engaged Membership
- Leadership Development
- Public policy and advocacy
- Professional network

Kentucky Organization of KONL Nurse Leaders

2019 KONL Board Members

President:	Kristen Pickerell
Past President:	Ina Glass
Secretary:	Michelle Pendleton
Treasurer:	Kathleen Myer
Information Officer:	Mandi Walker

2019 Committee Chairs

Bylaws Chair:	Michelle Pendleton
Scholarship Chair:	Shannon Goff
Membership Chair:	Lynne Warner Lynn
Program Chair:	Donna Meador
Nominations Chair:	Ina Glass
Legislative Chair:	Kristin Pickerell
KHA Representative:	Donna Meador
KBN Representative:	Mandi Walker

2019 District Directors

Bluegrass District:	Debra Hampton
Cumberland District:	Mendy Blair
Ohio Valley District:	Joann Mattingly
Twin Lakes District:	Cathy Sheffield

New District Director for the Twin Lakes District

A big welcome to Cathy Sheffield, MSN, RN to the role of district director for Twin Lakes. Cathy is the Director of Medical Surgical Services at Owensboro Health Regional Hospital. She has a Master of Science degree with an emphasis on Nursing Leadership and Management from Western Governors University. Cathy will be getting married December 14th and her last name will change to Stewart-Congratulations Cathy!!!

2019 Fall Conference Poster Winners

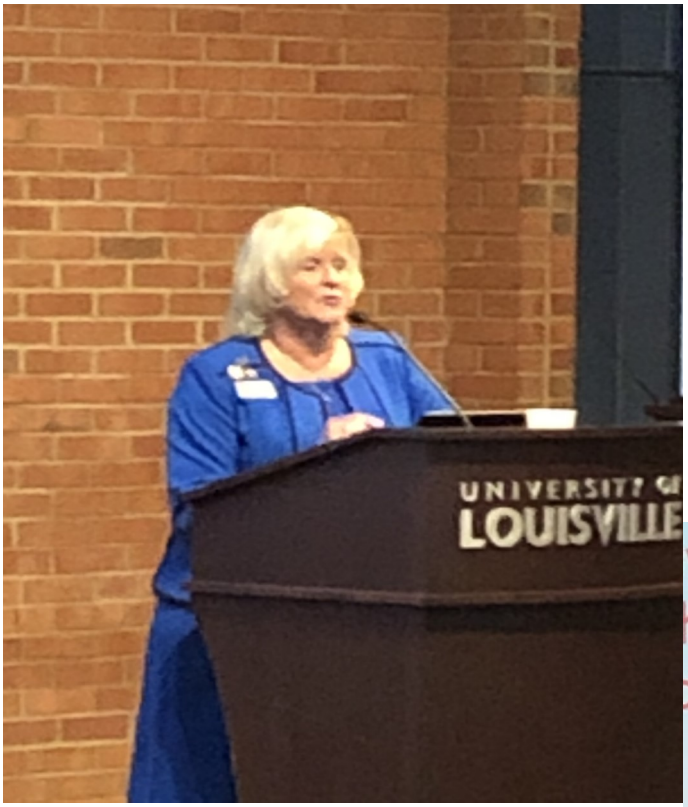
Emily McRae (middle)
University of Louisville- School of Nursing
Poster Title: Pediatric Advance Practice Nursing Council
1st place-Clinical Leadership in Evidence Based Practice
Michelle Pendleton (left) and Carla Donnell (right)

Jennifer Forman (middle)
UK Healthcare
Poster Title: Fostering Organizational Efficiency and Innovation through Mobile Video Monitoring
2nd place-Clinical Leadership in Evidence Based Practice
Michelle Pendleton (left) and Carla Donnell (right)

Kim Hall (middle)
University of Louisville- School of Nursing
Poster Title: Pediatric Discharge G-tube Toolkit
1st Place- Quality Improvement with components of EBP
Michelle Pendleton (left) and Carla Donnell (right)

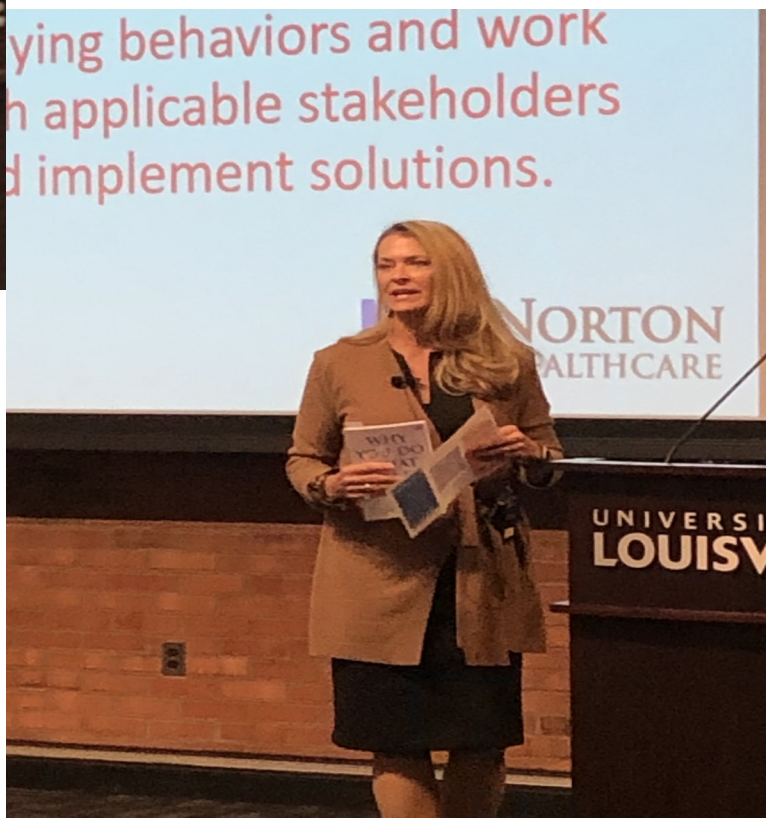
Joy Lindsey (middle)
University of Louisville- School of Nursing
Poster Title: Reducing Burnout among Mental Health Providers Using a Mindfulness Intervention
2nd Place- Quality Improvement with components of EBP
Michelle Pendleton (left) and Carla Donnell (right)

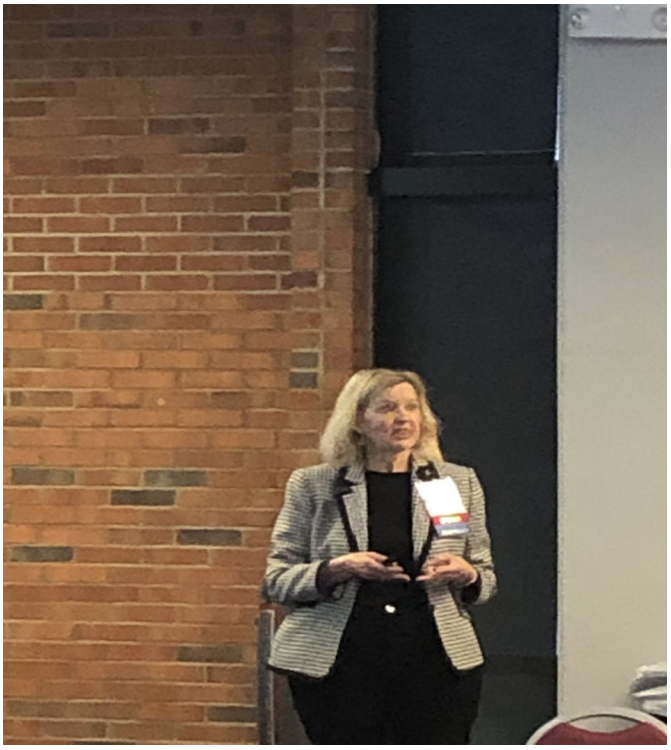
Distinguished Nursing Leaders



Congratulations to Dr. Patty Howard PhD, RN awarded the Lifetime Achievement Award!!!

Dr. Howard (left) was also a conference speaker discussing *Current Challenges in Emergency Nursing.*

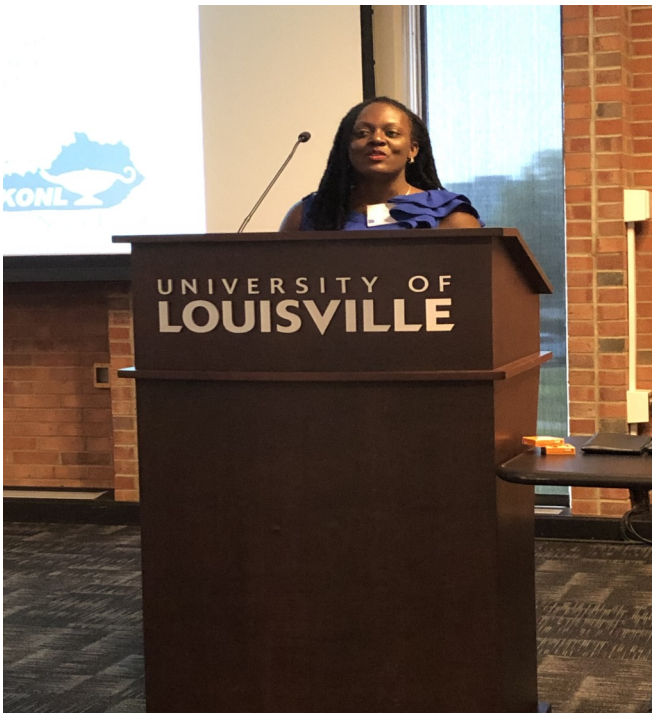




Dr. Debra Hampton, PhD, RN, (left) and Dr. Kim Tharp-Barrie, DNP, RN (above), conference speakers, presenting on the topic of *Bullying/Psychological Violence Experiences of Nurse Leaders, and Strategies to Address.*

Breakfast with CNO Panel –What are we doing in Kentucky Today?

A CNO Panel addressed questions related to Work Place Violence. The panel included: Shari Kretzschmer, U of L Hospital; Lisa Lockhart, CHI Saint Joseph Health; Karen Hill, Baptist Health Lexington; and Lynne Warner Lynn, Ephraim McDowell Health (no photo available).



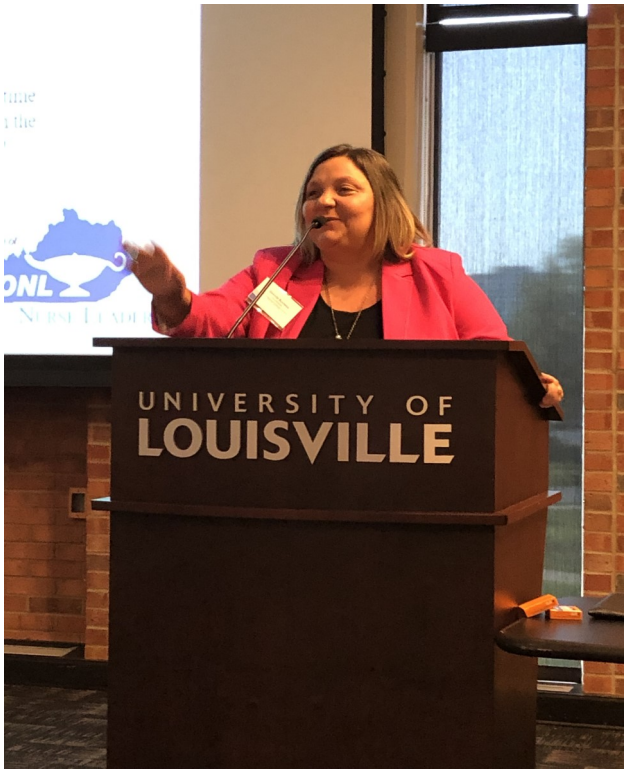
Emerging Nurse Leaders Recognized

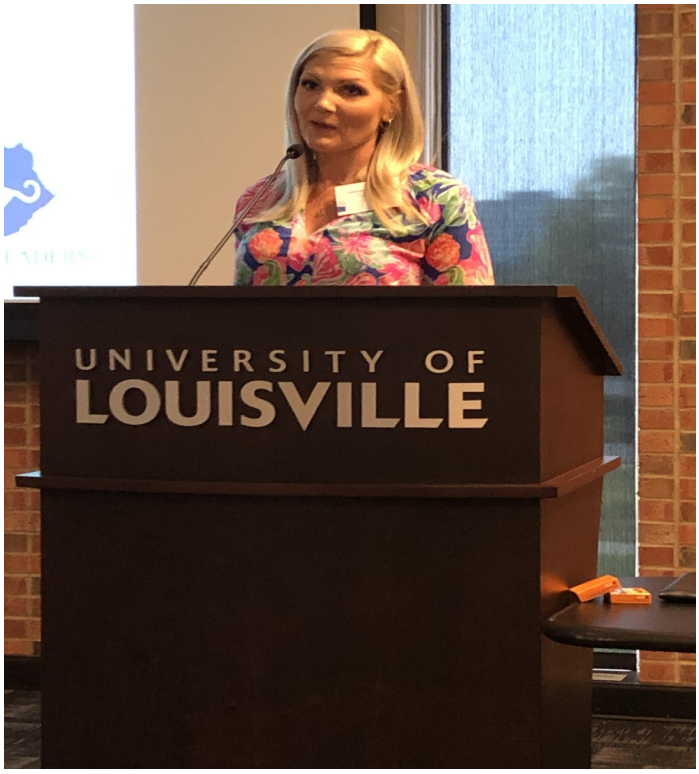
Top Left: Jitana Benton-Lee, UK Healthcare, Blue Grass District

Top Right (middle): Tanner Symonds , Ephraim McDowell Fort Logan Hospital, Cumberland District

Bottom Left: Belinda Burnette, Methodist Hospital Union County, Twin Lakes District

Bottom Right: Amanda Eddleman, Norton Audubon, Ohio Valley District





Thank you!

Thank you Donna Meador and the Planning Committee for your hard work and dedication in planning and facilitating the Fall conference. The Fall conference had a record attendance with 183 Participants.

Great Job!!!

KONL President, Kristen Pickerell, conducting the KONL Business Meeting.

Want to join KONL but not sure of your KONL district? The map below outlines the 4 regions

We welcome you to join so please visit the KONL website at
http://kyonl.com/members/contact-us/

or contact

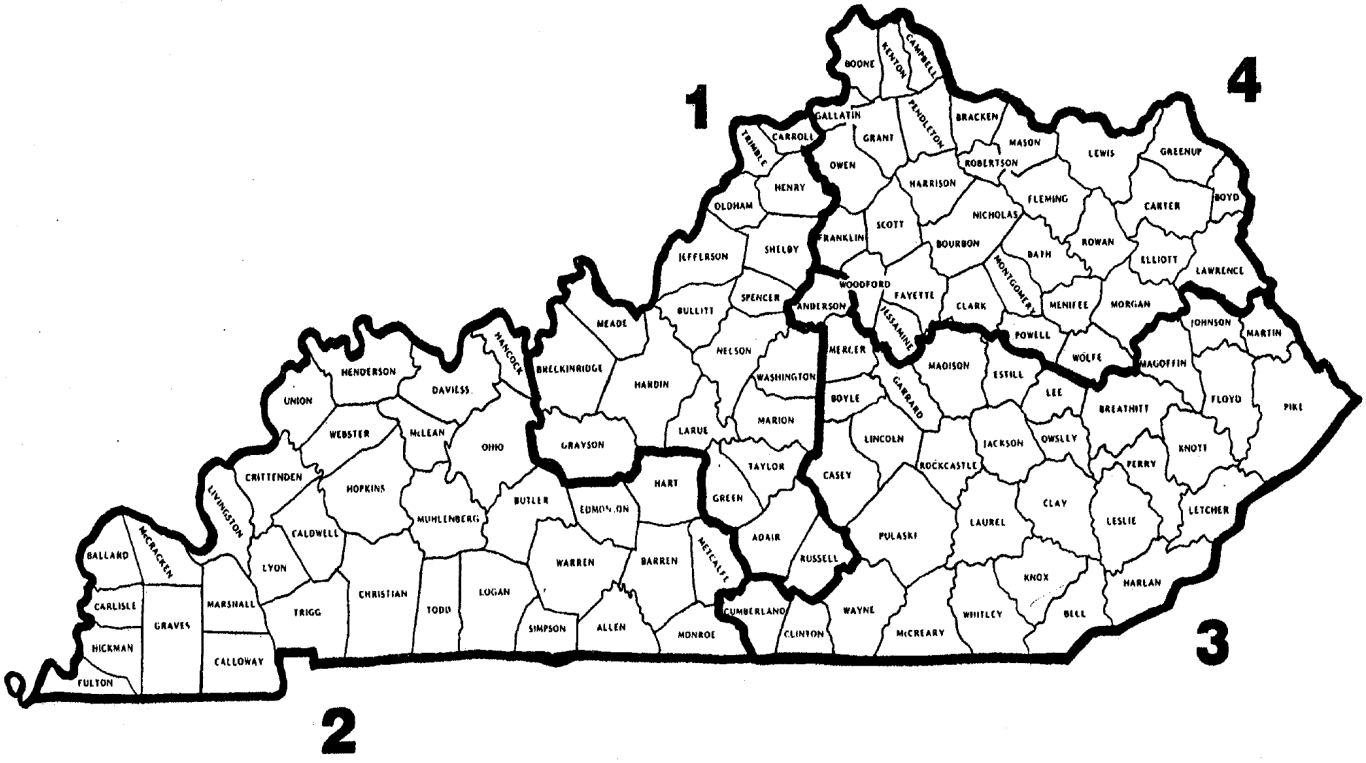
KONL Membership Chair
Lynne Warner Lynn
Office: 859-239-2329
Email: llynn@emhealth.org

KONL Information Officer
Mandi Walker
Office: 502-217-5258
Email: mandiwa@ulh.org

Annual dues are $60.00 and membership can occur throughout the year.
The process can be completed online or by paper application.

Kentucky Hospital Association

Region Boundaries



Legend:
1. Ohio Valley Hospital Region
2. Twin Lakes Hospital Region
3. Cumberland Hospital Region
4. Blue Grass Hospital Region